



Booking Form

Please complete and return to the address below ASAP so that we can do our best to ensure a place on the course of your choice.

Name	
Address	
Postcode	
Tel:	
Email:	

Course Ref: (SM6, ST8 etc)		Number of Places	
2nd Choice		Number of Places	

Have you filled out a Physical Activity Readiness Questionnaire (PARQ) for this course?

Yes

No

Where did you hear about So Pilates Ltd?

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Please make sure the following are enclosed so we may process your booking as quickly as possible.

- **Full Payment (cheques made payable to So Pilates Ltd)**
- **PARQ**

We will contact you to confirm your place. If you are not contacted before the course start date then please email us at office09@so-pilates.co.uk

Thank you and we look forward to seeing you!